



Dive into everyday excellence.

soups & salads

NEW ENGLAND SEAFOOD CHOWDER OR SOUP DU JOUR	c 3.95	b 5.95
SOUP & SALAD seafood chowder or soup du jour with a house salad or caesar salad	c 7.95	b 9.95
HOUSE SALAD mixed greens with chèvre, brazil nuts, and vidalia onions in a blueberry vinaigrette	sm 4.95	lg 6.95
CAESAR SALAD* romaine lettuce with house-made croutons, and parmesan tossed in our house caesar dressing • add \$4 for grilled chicken or flash-fried calamari and \$6 for grilled atlantic salmon	sm 4.95	lg 6.95
SESAME SALAD romaine lettuce with tomatoes, scallions, cucumbers, carrots, wonton crisps, and peanuts. tossed in a sesame-ginger vinaigrette, choice of chicken or fresh seafood		9.95
NIÇOISE SALAD* mixed greens with tuna grilled rare, tomatoes, blue cheese, kalamata olives, new potatoes, bacon, green beans and soft poached egg. tossed in a lemon-champagne vinaigrette		11.95
ROASTED VEGETABLE SALAD mixed greens with roasted peppers and onions, gruyère, asparagus, and croutons, tossed in a mustard seed vinaigrette		9.95

<p><i>from the grill</i></p> <p>11.95</p> <p>Select your favorite fresh fish with your choice of sauce or seasoning, served with scallion and herb mashed potatoes and seasonal fresh vegetables. All fresh seafood subject to availability</p>	<p>FRESH FISH</p> <p>atlantic salmon sole tilapia swordfish jumbo shrimp</p>	<p>SAUCES & SEASONINGS</p> <p>pineapple mango salsa blackening seasoning romesco vinaigrette chipotle plum citrus ginger red pepper hollandaise</p>
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specialties

FLASH-FRIED CALAMARI lightly breaded calamari served with a plum glaze and spicy peanut sauce	8.95
CARROT SHRIMP SKEWERS four crispy carrot-wrapped jumbo shrimp served with pesto herb sauce	9.95
BEER-BATTERED FISH & CHIPS beer-battered cod, served with a caper-tartar sauce and fresh lemon	8.95
CEDAR-PLANKED SALMON salmon fillet oven-roasted on a fresh cedar plank and served with scallion and herb mashed potatoes, romesco vinaigrette, and micro greens	11.95
GRILLED AHI TACOS* grilled rare ahi tuna, pineapple-mango salsa, and crème fraiche	9.95
SEAFOOD ENCHILADAS rock shrimp and blue crab baked in a corn tortilla served with spanish rice, salsa verde, lemon-scallion crème fraiche, and corn and black bean salsa	9.95

sandwiches & wraps

• Served with choice of chips or daikon slaw	
MESQUITE GRILLED 1/2 LB BURGER* ground beef with bacon, mixed greens, tomatoes, onions and chipotle aioli served on a roasted kaiser roll • add cheddar, provolone, swiss or blue cheese for \$.95	7.95
MESQUITE GRILLED AHI TUNA STEAK* SANDWICH grilled rare tuna with mixed greens, tomatoes and cilantro-soy mustard served on a toasted kaiser roll	9.95
FISHERMAN'S PO BOY chef's fresh seafood with mixed greens, tomatoes, onions and saffron rouille served on a baguette	9.95
TURKEY BACON GRILL roasted turkey with bacon, provolone, swiss, tomatoes, and onions pesto aioli served on texas toast	9.95
CARIBBEAN BARBEQUE SANDWICH 24-hour braised pork with grilled pineapple, mixed greens and tomatoes served on a toasted kaiser roll	8.95
VEGGIE WRAP mixed greens, scallions, cucumbers, fresh bell peppers, carrots, sunflower seeds and sun-dried tomato dill cream cheese wrapped in a tomato-basil tortilla	6.95
BLACKENED CHICKEN CAESAR WRAP blackened chicken with romaine, parmesan, blackened chicken and creamy caesar dressing wrapped in a tomato-basil tortilla	7.95
ROASTED TURKEY AVOCADO WRAP roasted turkey with avocados, onions, gruyère, carrots, mixed greens and pesto herb dressing wrapped in a tomato-basil tortilla	8.95
SPECIALTY SPRING ROLLS chef's choice rolled with fresh herbs, vegetables, and rice noodles in spring roll wrapper and served with sweet and spicy sauce	7.95

* Foods served in an undercooked condition (i.e. rare, medium-rare), may increase your risk of contracting a food-borne illness. For parties of 6 or more, an 18% gratuity will be added to your bill.